DGMS (Tech) (OH) Circular No.: 09 of 2020 Dhanbad, Dated -22/06/2020

To
The Owners, agents and managers of all metalliferous mine.

Subject: Medical Examination to grant Medical Certificate under the provision of Regulation 31 of Metalliferous Mines Regulations 1961, during the period of COVID-19 pandemic.

During the period of COVID-19 pandemic and in accordance with the provisions laid down in Regulation 31 of the Metalliferous Mines Regulation 1961, guidelines for the conduct of Medical Examination and grant of medical certificate of fitness (for persons above 60 years age), are as follows:

1. Examining Authority: The Medical examination shall be carried out by a qualified medical practitioner not below rank of Assistant Civil Surgeon or by a Medical Officer appointed for the mine or a Medical Officer in the employment of the owner of the mine, holding atleast a degree in Bachelor of Medicine and Bachelor of Surgery (MBBS) registered with Medical Council of India.

2. Eligibility of Candidate: The candidates who have already applied for the Medical Examination before the issue of this Circular and who could not be granted medical certificate of fitness by the Medical Board due to COVID-19 pandemic.

As per Government guidelines, persons above the age of 65 years are advised to remain at home during the period of pandemic, therefore, this circular will not be applicable for them, till fresh guidelines are issued in this regard.

3. Identity of the Candidate: the examining authority shall verify the identity of the candidate with Original documents of any one of the following : viz- Aadhaar Card, Electors Photo identify Cards (EPIC), Passport driving license, Service identity card of State or central government, PAN Card, passbook issued by the bank or post office, MGNREGA Job card. Health Insurance issued by the Ministry of Labour and Pension documents with photograph. He shall also verify the
original statutory certificate issued by the Board of Mining Examinations before medically examining the candidate;

4. Standard and report of Medical examination:

i. For ascertaining the freedom of a person from deafness, defective vision or any other infirmity, mental or physical, likely to interfere with the efficient discharge of his duties, the examining authority shall medically examine the candidate in accordance with the standards laid down in the First Schedule of this Circular.

ii. The examining authority shall prepare the medical report in the Form as mentioned in Second Schedule of this Circular.

5. Unfit persons not to be employed: Where a result of medical examination, a person has been declared unfit for employment in mines or in a particular category of mines or in any specified operations in the mine, he shall not be employed or continue to be employed in a mine or in the category of mines.

6. Duties and Responsibilities of Owners, Agents and Managers: It shall be the duty of the owner, agent or manager to ensure that no person shall act as a manager or an official or a blaster or a winding engineman in a mine after attaining the age of sixty years unless he has obtained, within the preceding one year, a medical certificate of fitness certifying him fit to carry out the duties prescribed for him in the Mines Act, 1952 and in the Metalliferous Mines Regulations, 1961 and orders made thereunder.

(Dinesh Kumar Sahu)
Director General of Mines Safety (O)&
Chief Inspector of Mines,
DGMS, Dhanbad
FIRST SCHEDULE

STANDARD OF PHYSICAL FITNESS

1. A candidate must be in good physical and mental health and free from any physical defect, likely to interfere with his/her efficient employment in the mine and which will not cause any hindrance in discharging his/her daily duty.

2. The candidate’s overall hearing must be good and there should not be any progressive disease in the ear, affecting his/her hearing or he/she should not suffer from any occupational deafness.

3. In case of the vision of the candidate, the following standards of visual acuity, with or without glasses should be strictly observed:
   a. For underground workers--
      Better eye: 6/6
      Worse eye: 6/9
   b. For surface/opencast workers:
      Better eye: 6/12
      Worse eye: 6/18

4. There should not be any active disease of the heart and lungs:

5. There should be no disease of abdominal organs which may cause hindrance in discharging the candidate’s day-to-day duties.

6. In case the candidate has hernia and the Examining authority is of the opinion that is can be effectively controlled by the use of truss, the candidate can be made fit for the time being. In all other cases the candidate can be declared fit only after a successful operation for the time.

7. Hydrocele, if present should not be large enough to impede his normal activities in such cases the candidate can be declared fit only after his successful operation.

8. The limbs should be well formed and developed and function of all limbs should be within normal limits.

9. Candidates should be free from chronic skin diseases.

10. There should not be any congenital malformation, or defect or any deformity likely to interfere with candidates normal duties.
SECOND SCHEDULE

REPORT OF MEDICAL EXAMINATION

I do hereby certify that I have examined ___________________________ Certificate No. ___________________________. He / She appear to be ___________________________ years of age.

The identification marks of the Candidate.

(a) ___________________________.

(b) ___________________________.

Left thumb impression of the candidate:

The findings of the Examining Authority in respect the health of the candidate are as follows:-

1. General conformation Good / Fair / Poor
2. Height _________ cms.
3. Weight _________ Kg.
4. Eyes
   Visual Acuity: Distant Vision
   Right Eye _________ Left Eye _________ (Uncorrected)
   Right Eye _________ Left Eye _________ (Corrected)
5. Ears: Right Ear Left Ear
   Hearing _________ _________
   Any organic disease _________ _________
6. Respiratory System:

[Signature] 21/6/2020
Chest measurement

(i) after full expiration _________ cms.
(ii) after full inspiration _________ cms.

Auscultation finding: _______________________

Other Abnormalities _______________________

7. Circulatory system:

Pulse ______ per minute

Blood Pressure _________ mm of Hg

Heart Sound- S1

S2

Murmur – present/absent

Any other Abnormalities ____________________________________________

8. Abdomen :
Tenderness ____________
Liver ____________
Spleen ____________
Tumour ____________

Other Abnormalities ____________________________________________

9. Nervous System:

History of fits or epilepsy ____________
Sensory function ____________
Motor function ____________
Planter ____________
Mental Health ____________

Any other Abnormalities ____________________________________________

10. Genito – Urinary System:

__________________________________________

[Signature] 29/09/2020
11. Locomotor System

12. Skin:

13. Hydrocele: Present / Absent

14. Hernia: Present / Absent

15. Any other abnormality:

16. Investigation

A. Chest Radiograph (PA view) with report
B. Electrocardiogram (ECG) with report
C. Urine routine
   Reaction:
   Albumin:
   Sugar:
D. Blood Biochemistry
   i) Blood Sugar: Fasting/Postprandial (attached report)
   ii) Blood Urea Serum Creatinine (attached report)
   iii) Lipid Profile (attached report)

19. Any other investigation or opinion of specialist considered necessary by the Examining Authority:

20. Remark if any:

23/05/2020
21. Opinion of the Examining Authority:

a. I consider that he / She is fit to perform his/her statutory duties in mines for a period of one year.

b. I consider him / her unfit to perform statutory duties in mines because of ____________________________ (mentioned disability).

c. He/ She is suffering from ____________________________ and is unfit to perform statutory duties in underground mines but may continue to perform statutory duties on the surface/opencast mines only.

Signature of the Examining Authority with date

Name (in Block Letter):

Designation:

Registration No. ____________________________

(Seal)

Place : __________________

Date : __________________

27/06/2020